

Joe Phelan

From: Rhinebeck Central School District <tburnell@rhinebeckcsd.org>
Sent: Thursday, January 28, 2016 5:19 PM
To: Joe Phelan
Subject: Parent Later Start Time Information and Survey

**IMPORTANT: THIS PROPOSAL IS ACCOMPANIED BY A BRIEF SURVEY.
 PLEASE USE THE LINK PROVIDED BELOW!**

PROPOSAL FOR THE PILOT OF A SCHOOL START TIME SHIFT

Dear Rhinebeck Parents & Guardians,

On behalf of the Board of Education's School Start Time ad hoc committee, we thank all those Rhinebeck Central School District community members who have taken the time to write to us, to fill out surveys, and to attend the information sessions we held in November and December of 2015.

We appreciate the investment of time and energy represented by your participation in this important conversation. We have learned much from the perspectives shared with us over the course of the last few months. Detailed and thoughtful feedback from parents and teachers, in particular, has actively shaped our thinking.

As a result, the School Start Time Committee is now prepared to recommend one clear plan of action to the full Rhinebeck Board of Education. This proposal - a modest 30 minute shift in the BMS/RHS schedule - will advance the health and well-being of students in grades 6-12 while...
 --incurring no additional cost to the District's taxpayers;
 --altering by only 5 minutes the CLS end time and maintaining the current length of the day at the elementary school to avoid negative impact on students K-5;
 --identifying criteria by which the pilot year may be assessed; and
 --preserving the full range of before- and after-school programs (clubs, sports, extra help opportunities) currently available in all three schools.

CURRENT BMS/RHS Schedule

2015-16 BMS/RHS Teacher day - 7:16 am – 2:16 pm

- 1 7:30 - 8:11 am
- 2 8:15 - 8:56 am
- 3 9:00 - 9:46 am
- 4 9:50 - 10:31 am
- 5 10:35 - 11:16 am
- 6 11:20 - 12:01 pm

PROPOSED BMS/RHS Schedule

2016-17 BMS/RHS Teacher day - 7:40 am – 2:40 pm

- 1 8:00 - 8:41 am
- 2 8:44 - 9:25 am
- 3 9:28 - 10:11 am
- 4 10:14 - 10:55 am
- 5 10:58 - 11:39 am
- 6 11:42 - 12:23 pm

7 12:05 -12:46 pm
8 12:50 - 1:31 pm
9 1:35 - 2:16 pm

7 12:26 - 1:07 pm
8 1:10 - 1:51 pm
9 1:54 - 2:35 pm

CURRENT CLS Schedule

2015-16 CLS Teacher day- 8:30 am – 3:30 pm

8:45am Student entry
8:55am School starts
3:15pm School ends (pick ups, walkers & electives dismissed)
3:22pm Start loading buses
3:30pm Buses leave

PROPOSED CLS Schedule

2016-17 CLS Teacher day- 8:35 am – 3:35 pm

8:45am Student entry
9:00am School starts
3:20pm School ends (pick ups, walkers & electives dismissed)
3:27pm Start loading buses
3:35pm Buses leave

We invite you to register your response to the proposal in one or more of the following ways:

1. Participating in this survey: Parent Start Time Survey
2. Communicating with the entire Board of Education and Central Office Administrators via e-mail at: Contact BOE Members/Admins
3. Participating in the opportunities for public comment over the next month. There will be 3 opportunities for public comment:
 - on Tuesday, February 9th (discussion of the recommendation at the Regular 7:30 PM BOE meeting in the BMS/RHS Library);
 - on Tuesday, February 16th (Public Forum on School Start Time Committee's proposal, 7:30 pm, BMS Cafeteria); and
 - on February 23rd (Public Comment portion of the Regular 7:30 pm BOE meeting; The proposal will be on the BOE agenda for a vote that evening)

Please join us. Your feedback is important to us!

Rhinebeck Central School District would like to continue connecting with you via email. If you prefer to be removed from our list, please contact Rhinebeck Central School District directly. To stop receiving all email messages distributed through our SchoolMessenger service, follow this link and confirm: [Unsubscribe](#)

SchoolMessenger is a notification service used by the nation's leading school systems to connect with parents, students and staff through voice, SMS text, email, and social media.

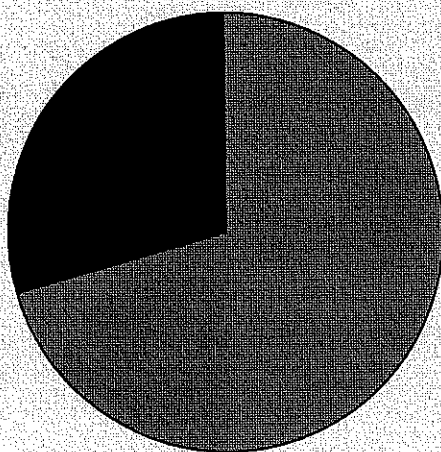


Student Start Time Survey

Do you support the proposal for a change to the school start time next year, as outlined in the e-mail with this link?

Answer Options	Response Percent	Response Count
Yes	70.6%	12
No	29.4%	5
Undecided	0.0%	0
<i>answered question</i>		17
<i>skipped question</i>		0

Do you support the proposal for a change to the school start time next year, as outlined in the e-mail with this link?



☒ Yes
☒ No
☐ Undecided

I like the new schedule and I was also wondering if the bus rides will remain as long as they are because I go on bus 6 and it's very long but that doesn't have anything to do with the schedule which I like. Maybe it could still end

It may be wise of the board to recognize that a change in passing period length may result, at first, in some student tardiness. A directive of some form, be it from administrators or directly from the board that, for the first few weeks of the new schedule, tardiness should be overlooked may be advisable.

It will not make much of a difference in the sleep times of students, especially older ones who are used to it. It will cause much unneeded spending and may cause many sports and/or extra curriculars to be cancelled permanently.

I have classes after school, and if this time changed, it would completely ruin my plans. Not for this at all.

I believe that students have after school activities, and the current start time accommodates us and leaves more time for after school

It would be nice if afterschool activities still ended around the same time.

It would let kids sleep in later and could have better attendance within the school.

It is silly if we start 30 minutes later, because kids will say that they can stay up 30 minutes later because school

I think this is a VERY good plan and I think that it should happen as soon as possible. I can't wait for this plan to be put in place, thank you!

only if we go to bed early we can have extra time to sleep. otherwise no

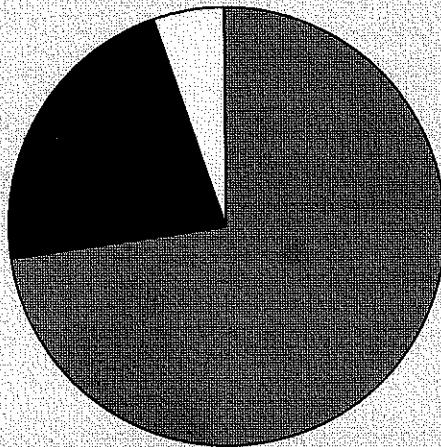
The updated proposal addresses all of my concerns and effectively shifts the school day in a way that could potentially be helpful to many students.

Parent Start Time Survey

Do you support the proposal for a change to the school start time next year, as outlined in the e-mail with this link?

Answer Options	Response Percent	Response Count
Yes	72.7%	96
No	22.0%	29
Undecided	5.3%	7
<i>answered question</i>		132
<i>skipped question</i>		0

Do you support the proposal for a change to the school start time next year, as outlined in the e-mail with this link?



■ Yes
■ No
□ Undecided

I notice the proposed day is shorter than the current day (hs) - from where are those minutes being taken? Some third period for announcements, I think, but where else?

Bravo to team who took this task on- impressive job!

Having difficulty understanding why parents cannot not get their children to bed at a decent time. Also, it creates an issue for working parents. Will parents be able to drop their children off early to enter the school?

Thank you! Schools should adjust their schedules to meet the biological needs of our children!

Yay!

I feel strongly that this is an important change for our kids. Thank you for (hopefully) making this happen!

An excellent and human proposal, which I support wholeheartedly.
Scott-Martin Kosofsky, parent of 2

I do not believe that this change would make any difference in the students day. The later the start time means the later they can stay up. It is the parents responsibility to be PARENTS and not their friend. They need to make their

Great idea..better for students..long needed!

I question whether a 30 minute change is significant enough based on the issues that are steering the change. Seems like a more significant change is necessary.

Please make this happen! Thank you!

I have 2 kids in the district and we'd all benefit from a later start time. I fully support the proposal and look forward to it being implemented in the fall.

Thank You!

Thank you for your hard work and thoughtful efforts to compromise and come up with improvements to the

I strongly believe this change will help the teenage students both physically and emotionally .

Yes, I think studies show this would be a much better system for the students.

It's about time.

I believe this is the perfect solution and will positively impact all students.

Haven't seen any research data that shows the effect of a 30 minute change in start time.

I am 100% behind this change and applaud everyone's hard work to get to this point. Thank you!!!!

Please, please, please, please! Otherwise I am looking at a school year with an irritable child who will come to

Anything that has the potential to give my teen more sleep is a good thing.

I believe the start time should be later to create the best possible learning environment for our children. 9AM is idea. This is a step in the right direction, but it doesn't go far enough.

medically too I don't think it makes any difference, it is only 30 min or less. 1 hr would make a difference.
Still believe in early to bed and early to rise. The mind is
There are studies that have also shown that the mind is sharpest in am.
There are several hormones like catecholamines, growth hormone, testosterone that are at their peak in early am.

Later is healthier for our kids state of mind

I don't know why you bother to survey parents because the Board is clearly going to do whatever the sub-committee wants. As you institute this plan, I predict that you will see zero change. The same kids who show up late and sleepy will still show up late and sleepy, and the kids who are ready to go for the day when it starts at 7:30

I think this is pandering to lazy parents. It will create difficulty for many homes in which both parents work, it will increase the number of households with unattended children, and I do not believe the children will get any more sleep. Nor will the parents. I believe they will simply adjust their personal schedules so that they go to bed later. I've heard dozens of parents (who ironically support this idea) laugh about just this fact. I've also spoken to many students who are concerned about their after school opportunities, and the impact it will have on their own schedules. A vocal minority has spoken, and the school district is making a huge mistake. We already saw this fail in Poughkeepsie. I would have expected more from the leadership of the district, but clearly, a few bullies are going

My concern is with the buses being able to complete both routes with less time in between.

I'd like to thank the Committee for their work on this issue. I think we will all benefit from the later start!

Such a small amount of time don't think it will make a difference in sleep habits. It will however change the routine for many parents that now have the time to drop children on their way to work. This shift maybe counter productive leaving many home alone to catch the bus rather than having quality time and conversation with their families on

most certainly. if we can work out bus scheduling, it would benefit students as well as faculty.

Thanks for all the hard work. This is an excellent compromise. An extra half hour of sleep per day equals 2.5/wk or 10 hours per month. You're giving the kids the equivalent of over one nights sleep per month. Good job!

Looks great~ well planned. I think it will be a huge success.

I feel it will have a huge impact on working families!

I still feel the parents are responsible for ensuring their children go to bed at a reasonable time and get enough

Like it!

Appreciate the extra sleep for kids

5 minutes for CLS is no biggie. Thanks for not changing the kids' arrival time.

Most definitely we support a later start time! I'm surprised after taking this many years to make decision, we are only allowing a 30 minute delay though!!

This really isn't going to change much for students health.

Westchester County schools start after 8:30 and those students live happier, healthier, successful lifestyles..

Thank you for all of your time and effort spent to research this topic. Change is never easy and is often met with resistance however it is great that Rhinebeck is seriously considering this and is willing to be the vanguard of this movement for Dutchess County. With this change, RCSD is putting its students first, something all school districts

We have been going to school early forever. It will not change teenagers sleeping schedules. It's absolutely

Changing the start by 30 minutes will not make a difference. It will however disrupt a 2 person working family for a

I think it will be beneficial to the students to get extra sleep time. Thank you.

I truly believe though, a half hour shift is not enough for the middle school students. 1 hour is the minimum for me. However, if it is what can be done NOW, I am for it!

Elementary school children need to start earlier than they do. Swap the ms/HS start time with elementary school.

We will be thrilled with the new start time. Adolescents are on a different clock and need their sleep.

My daughters will be missing more school because they need to leave early in order to be at their practices and those times cannot be changed.

Excellent compromise - seems to work for everyone. Well done!

I think it's a start, but not what the science, what the experts are talking about nor is it what the older students actually NEED. I believe all students could ride the bus together.

Yes, I fully support this. A 7:30 start time seems crazy for any child.

I appreciate the effort that has gone into this and really value the extra 30 mins for the kids having a better night's

Thanks for all the work it has taken to coordinate this alternative. I appreciate that RCSD is willing to address

Well done BOE! A thoughtful and sensible solution. Thank you.

My son's bus route is almost one hour in the morning and one hour in the afternoon. I am concerned about this making things even worse. In addition I am concerned about the bus company being able to turn over the buses on an even tighter schedule. There have been so many bus problems this year I am really concerned about adding more variables. I am also concerned about loss of instructional time for student athletes and students getting to after-school activities on time. That said, I understand a later start time would be beneficial for students and

The extensive work on this topic is very appreciated.

I appreciate the effort to minimize the overall impact by making the start time only a half hour later. That said, do we believe that a half hour will have any real impact? Personally, my kids have never had a problem getting up in the morning to get ready for school. I'm willing to support the effort for next year to see how it goes. I would be opposed to making the start time any later as this significantly impacts working parents.

It wasn't stated in the email, but how would the busing of the students change? Would k-12 ride the bus together or would they still be separate?

I support the change! Deirdre d'Albertis

GREAT COMPROMISE!

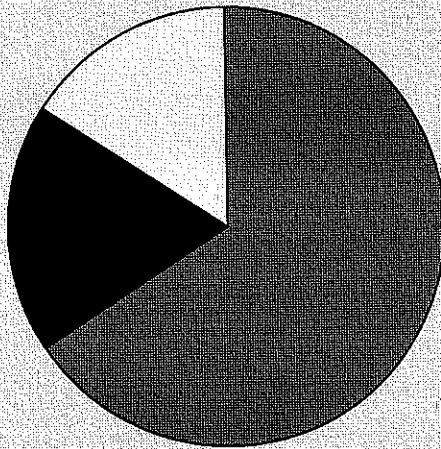
Think this is a wonderful plan; thank you for your work on this issue!

Staff Start Time Survey

Do you support the proposal for a change to the school start time next year, as outlined in the e-mail with this link?

Answer Options	Response Percent	Response Count
Yes	65.8%	25
No	18.4%	7
Undecided	15.8%	6
<i>answered question</i>		38
<i>skipped question</i>		1

Do you support the proposal for a change to the school start time next year, as outlined in the e-mail with this link?



■ Yes
■ No
□ Undecided

I think we should consider the possibility of reverting back to an 8, longer period school day. Longer class periods would provide teachers the opportunity to better meet the demands of the Common Core curriculum which recommends minimum 45 minute periods. Additionally, AP classes would have more prep time before May AP exams. Even 6 extra minutes on each period provides an extra hour every 10 class days. Over the course of the school year (~180 days), that equates to approximately 26 extra class days.

same time intervals for the new schedule, if the teacher arrival time is 8:35, student arrival time should be 8:50 and school start time should be 9:00. The new proposal cuts 5 minutes off of teacher prep time each day. That's 5 minutes x 180 days = 900 minutes of less prep time per year.

Typically, dismissal is done by 3:25 now and proposing dismissal end time to be 3:35 would be an additional 10 minutes per day. This could be compounded by the consideration that the buses may not arrive at CLS in time for this proposed dismissal time of 3:35 since they would have 15 less minutes to finish BMS/RHS dismissal and get back to CLS in time.

Additionally, the BMS/RHS schedule proposes a 6 hour 55 minute teacher day with a 20 minute morning prep before start time. The CLS schedule proposes a 7 hour teacher day with a 10 minute morning prep before start time. This equals 900 minutes more of teacher work time a year and 1,800 minute less morning prep time a year than BMS/RHS.

This proposed schedule would be inequitable between both buildings.

I very much appreciate the consideration that was given to minimizing the impact of time shifts for CLS.

<http://pediatrics.aappublications.org/content/early/2014/08/19/peds.2014-1697>

To have an effective impact, research suggests LATER start times. I'm sure you know that the CDC recommends an 8:30 or LATER start time as recommended by the national pediatric association. I'm not in support of disrupting so many schedules for such a short gain of time. If we were discussing 8:30-9:00 start, I would be in support, and believe it would have the potential to make a meaningful impact.

I don't think a half an hour will make a difference.

Blessed to be working in a progressive district!

yes yes yes yes yes, please!!!!

I am not in favor of the 3 minutes in between classes.

I still have concerns about the impact of away games (esp. to distant schools) on early dismissal of athletes from 9th period classes.

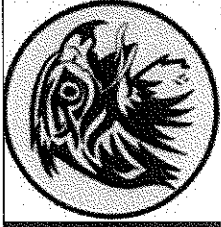
I notice that buses 5, 9, and 12 are often late or arrive just at the last minute for dismissal. I would like to know how this would be dealt with if the times change, as things seem tight already.

schedule and after school activities. However, I am not convinced that it will necessarily result in fewer tardies to school or students being more attentive in class, based on how very many students are currently late, and how very late they are to school regularly. Establishing criteria by which to evaluate the change, and then doing so, will be crucial.

It rocks!

I am fine with the idea of the change, but I'm not sure if it is realistic for Chancellor to only need 5 minutes added. I hope that the bus runs have been tested to make sure that it is enough time.

I do not believe that the children will be getting anymore sleep than they already do because I know how hard it is to get a teenager to go to sleep. I also don't believe that it will be possible for the buses (elementary) to get to the students that are on the outer fringes of our district and into school in less than an hour. I have heard that there is a plan to collect data to see if it is really beneficial. I look forward to reviewing that data.

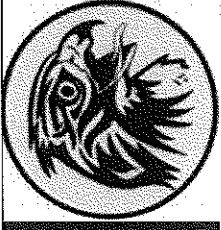


How did we research the options?

Dutchess County Bell Schedule

School District	Start/End Time	Class Periods	Length	Passing
Wappingers	7:17-1:42	8	43m	5
Dover	7:25-2:00	8	46m	3
Spackenkill	7:28-2:04	9	41m	3
Arlington	7:30-2:10	8	45m	5
Webutuck	7:30-2:12	9	42m	3
Pine Plains	7:30-2:15	9	41m	4
Rhinebeck	7:30-2:16	9	41m	4
Hyde Park	7:35-2:07	8	45m	4
Millbrook	7:35-2:09	9	41m	3
Red Hook	7:45-2:11	9	39m	3
Poughkeepsie	7:45-2:40	9	42m	4

4.1.3
8



How did we research the options?

Ulster County Bell Schedule

School District	Start/End Time	Class Periods	Length	Passing
Highland	7:40-2:17	8	47m	3
Onteora	7:40-2:35	9	42m	4
Marlboro	7:42-2:32	8	45m	3
Saugerties	7:45-2:08	8	43m	4
Wallkill	7:49-2:21	9	40m	4
Ellenville	7:50-2:34	8	47m	4
Kingston	7:50-3:00	9	42m	5
Rondout Valley	7:55-2:22	9	40m	4
New Paltz	8:00-2:20	5	82m	5
Coleman	8:00-2:35	9	41m	3

School start time change moves to a vote

By Greg Hudson
Columbia-Greene Media

After many months of discussion and examination, the Rhinebeck Central School District Board of Education will soon vote on a proposal to change the start time at Bulkeley Middle School and Rhinebeck High School.

The vote will take place at the school board's meeting on Tuesday, Feb. 23, when board members will decide whether or not to approve a proposal put together by a special committee recommending that the start time at the two schools begins 30 minutes later than it currently does.

The board of education formed the committee so that the pros and cons of different options to change the start time for teenage students could be examined.

Committee member and school board trustee Laura Schulkind said the committee took a close look at the various alternatives.

"We've been going over data and

looking at the potential benefits and complications that could arise," she said.

The committee examined no fewer than five potential possibilities, including an option to swap the start times for elementary school and secondary school students. Schulkind said the committee determined a single shift in start time was the most beneficial.

"This was our unanimous conclusion," Schulkind said. "It brings the most benefit with the fewest complications."

If the measure is approved, students at Bulkeley Middle School and Rhinebeck High School would start classes at 8 a.m. instead of at 7:30 a.m., while students at Chancellor Livingston Elementary School would begin their school day five minutes later, at 9 a.m.

Schulkind said bus pickup and drop off time for elementary school students would remain essentially the same, while middle and high school students would be picked up and dropped off approximately one half hour later.

Those 30 minutes may have a measurable impact on student sleep habits and the students' productivity throughout the school day, Schulkind said.

"I'm sure it will enable kids to get more and better sleep," Schulkind said. "Of course, it's up to parents and families to help that along on its way."

At a public information session in December, the board committee – consisting of Schulkind and trustees Diane Lyons and Deirdre D'Albertis – said a lack of adequate rest among adolescents is a growing problem nationwide.

"The CDC identifies sleep deprivation in adolescents as a public health concern," d'Albertis said at the session. Students and faculty were polled, and tended to support the idea of a later start time, the committee said.

Schulkind said the district has sent out another survey to faculty, students and parents to seek their opinions regarding the final proposal. Schulkind said public feedback is still an important part of the board's decision-making process.

"Our board is very keen to do what is best for our kids and for our community," Schulkind said. "If there is considerable groundswell against it, I'm sure it will sway the decision of the board."

Parents at the public session held in December offered mixed reactions to the proposal. Several spoke out in favor of offering teens the best opportunity to be productive in school, while others pointed out the complications that may arise for families trying to coordinate schedules with children in school.

Schulkind said district parents and other residents will have another opportunity to ask questions and offer feedback regarding the proposed changes.

"We will be open to public comment at our meeting on Feb. 9," she said of the meeting that will take place next Tuesday at 7:30 p.m. "And, we will vote on Feb. 23."

4.14

42.1

**FINANCE COMMITTEE MINUTES
FEBRUARY 1, 2016**

Attendance: Deirdre d'Albertis, Deirdre Burns, Mark Fleischhauer, Joe Phelan, Tom Burnell

Transportation Update: Tom recently met with our transportation vendor management. The details of this update should be discussed in Executive Session.

Cafeteria Update: The committee members reviewed recent financial data. Participation appears to be down slightly, while food costs have gone up. There is currently a loss of \$16, 373, though this will be lower once inventory on hand is used up. This is approximately \$2,000 more than last year at this time.

The committee requested to review participation numbers.

The program is due for a CRE review in March. This review will coincide with the review of the Red Hook program around the same time. This is a state audit of the cafeteria program in which they look at the lunch menus and their nutritional value; how we count students especially free and reduced. This is an every 5 year event. The results of the review should be available a month or two after the review is completed.

The amount of unpaid charge balances has come down.

The online payment system is working very well.

Budget update:

Each school building has been asked to reduce expenses by \$100,000 and each department by \$50,000. This would reduce the budget gap by \$500,000. Once the buildings and departments have completed this task, the list of proposed cuts will be produced for review.

The committee briefly discussed potential cuts due to declining enrollment and cuts to the athletic program.

Respectfully submitted,

Mark Fleischhauer

(CURRICULUM COMMITTEE MINUTES**February 2, 2016**

Attendance: Laura Schulkind, Deirdre d'Albertis, Rick Walker, Joe Phelan, Marvin Kreps; Edwin Davenport.

Independent Study Dr. Davenport met with the committee to follow up on questions raised by some parents at the most recent "Coffee with the Board" gathering, outlining for us the district's understanding of "independent study" options in the high school. He can count on the fingers of one hand the number of students who, after consultation with our Guidance counselors and building principal, needed to complete credits for graduation with the assistance of such a plan. Otherwise, independent study is not a regular feature of the curriculum. Rather, he and his colleagues have from time to time counseled students seeking further learning opportunities to enroll in a college class at DCC or Bard. It is important to stress that students who undertake college work do not receive high school credit for those courses. They earn college credit and the course is recorded on a college transcript (which can, of course, be submitted along with the high school record as part of the college admissions application).

What about other independent learning experiences? At RHS only a few have undertaken online high school coursework with:

The Virtual High School(<http://thevhscollaborative.org/>) or AccelerateU
(<http://studentmoodle.accelerateu.org/student/portal/>)

In his experience, Dr. Davenport noted, high school students often struggle to complete online courses in a timely fashion. Perhaps someday, if budget constraints allow, it would be possible to support students enrolled in such courses with a teacher whose role it would be to oversee student progress. Clearly, in the current budget climate, that is not possible. As Joe pointed out, any supervision of student learning outside the classroom is subject to provisions in the RTA contract. There is a cost reality: with our current organizational structure, it would be very difficult for any of our teachers to add such duties.

Committee members talked about the perceived importance of students taking advantage of all or most of the class periods during the school day. We recognize that parents do not want to see their children in 2 or 3 study halls. Surely that time could be used for educational purposes. Dr. Davenport clarified that although the Library may not be accessible every period to an individual student (since classes are often using the facilities), there should always be a computer and space open to those who do wish to enroll in and take a MOOC or online course. A more wide-ranging conversation developed at this point. If the Guidance Office were to formalize such alternatives to our regular Program of Study, the school may inadvertently send a message to families and students that this is somehow a normative expectation (i.e. that students MUST take online courses or heap additional work on top of already full schedules). It

is Dr. Davenport's fervent conviction that the school should not create an "arms race" mentality around student learning.

Program of Study for 2016-17 Dr. Davenport offered the group a preview of new courses being proposed for the coming academic year, including:

- addition of a full year **Intro to Theater Design** course (to replace 1 of 3 Studio Arts sections) with no pre-requisites, a course that would satisfy the NYS required Art credit

- Addition of AP English Lit.** This course would be available to students beginning in 11th grade who are required to take English 11R. The new AP would take the place of English Honors in 11th grade. Students would also be eligible beginning in 11th grade to enroll in AP Comp. The AP option would be added to the required English 11R. In 12th grade, students would be required to take English 12 R (a course that could be waived under certain circumstances), with the option to take whichever AP English course was not selected in 11th grade.

- a **Journalism** course (in lieu of Writer's Workshop)

- a **Drama** course (covers literature and performance, would earn an English credit)

- further Math offerings, such as "**Mathematics of Finance**," to offer our students various possibilities in fulfilling the 4 year math requirement in the high school (replacing one section of Math Applications)

- a possible **Holocaust and Human Rights** course (to satisfy 12th grade social studies requirement in place of one section of Politics, Economics, Government)

- perhaps a **Local History** course

Student interest in course offerings is assessed during the one-on-one guidance meetings scheduled in the spring. Joe acknowledged the breadth represented by these possible courses and expressed his admiration for the "budget neutral" curricular planning underway in the high school. Dr. Davenport expects to have all course requests in by early May and a clearer sense of what will run, based on student interest. At that point the board will be asked to review and approve the new courses.

Review of Health Curriculum Marvin reported on his preliminary audit of our current health program across grades K-12 with regard to prevention of childhood sexual abuse, per the committee's request. He has made a comprehensive study of state regulations/Commissioner's regulations, to determine best practices at this time. Reviewing RCSD health curriculum in this way is in keeping with major legislation under discussion in Albany: New York State Senate Bill S6182, if passed, will "enact 'Erin Merryn's law' to require provision of instruction to prevent child sexual exploitation and abuse in grades kindergarten through eight." For more details on the bill see: <http://www.nysenate.gov/legislation/bills/2011/S6182>

As Marvin pointed out, the CDC has produced analysis and tools for health curricula, with units for prevention, and Education Law is unequivocal when it comes to training school personnel as mandated reporters. Child Protection Services and the American School Counselor Association recommend that teachers and staff receive refresher training on an annual basis.

The district is in compliance with current state regulations. The health courses in the middle schools as well as in grade 9 do cover prevention of abuse. There is room, however, to discuss

expanding the curriculum. The elementary health curriculum is in need of further development and full implementation, but this will take some time to develop as there are challenges that require our attention. At this time, the curriculum is not fully aligned with state regulations.

Marvin pointed to the Personal Safety Program for children in grades K-5 offered in Dutchess County by the Center for the Prevention of Child Abuse (CPCA) as one immediate possibility for discussion (see attached documents). The Personal Safety Program does not require much time in the schedule but some processing is needed to determine its appropriateness.

Working to build connection or “vertical integration” of curriculum across K-12 is a long term goal, one that the Health and Wellness Committee would be perfectly positioned to champion. The board too has a crucial role in articulating for our community the value of protection and empowerment of children around these issues. We ask the Board to signal the importance of making time during the academic year/instructional day for such education. The Personal Safety Program merits further interest/study in the near term as it is well-funded and could be adopted in our district at no extra cost.

Members of the committee once again wish to honor the courage and integrity of our correspondent around this serious public health concern. We are committed to following through and reporting regularly on the district’s progress.

Agenda:

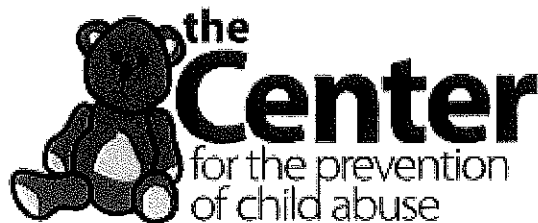
--CDEP planning moving forward.

Next Meeting:

February 23rd at 9:30 AM in the District Offices.

Respectfully submitted,

Deirdre d’Albertis



4.22.2

tel (845) 454-0595

fax (845) 454-0129

The Personal Safety Program at The Center for the Prevention of Child Abuse

The Center for the Prevention of Child Abuse (CPCA) is a non-profit agency that was founded in Dutchess County, New York in 1973. Our mission at The Center is to **prevent child abuse in Dutchess County** by providing education, prevention, and intervention services throughout the community. Although our vision is to completely eliminate instances of child abuse in our community, we realize this is a long reaching goal that will require consistent education and accessible resources for the demographic we serve. The CPCA has developed several educational programs within our organization, and through our collaborative efforts and generous contributions from our donors, we have been successful in providing the necessary support and education for child abuse prevention to over 16,000 children, teens and adults per year in Dutchess County.

It is important to mention that the New York State Commissioner's Regulation 135.3 (2004) requires local school boards to provide health education in elementary and secondary schools. The mandate states, "The elementary school curriculum shall include a sequential health education program for all pupils, grades K-6. In the kindergarten and primary grades, the teacher shall provide for pupil participation in planned activities for developing attitudes, knowledge and behavior that contribute to their own sense of self-worth, respect for their bodies and ability to make constructive decisions regarding their social and emotional, as well as physical, health," (See Chapter 11 Regulations of the Commissioner; Subchapter G; Section 135.3). Our Personal Safety Program curriculum satisfies this state mandate for the school districts we service.

On Feb. 14, 2011, Illinois became the first state to pass **Erin's Law**, mandating that all Illinois Elementary, Middle and High schools (grades preK-12) provide students with age-appropriate sexual abuse and assault awareness/prevention education, effective immediately. Since then, 25 more states have passed Erin Merryn's Law and 17 states are pending legislation, including New York State (Erin Merryn's Law, 2013). We expect Erin's Law will be passed in NYS within the next year and will inevitably increase the need for our program in all Dutchess County and surrounding school districts. "There are programs out there. We need to get them across every county, every town, every state... we have a message of empowerment, [we want] kids to use their voice (Weaver, 2011), (McKibben, February 10, 2014)."

The PSP speaks directly to elementary school children (PreK-5) in the comfort and security of their classrooms to provide age appropriate presentations using various media in the hope that we reach children prior to the occurrence of any sexual abuse or cyberbullying in their lives. We use puppets to communicate with the younger children and empower them to stand up for themselves and encourage them to confide in their trusted adults. We instill in them a sense of ownership for their own bodies, by explaining that no one is allowed to look at or touch their privates unless they have a good reason, such as health or safety. For the third, fourth and fifth graders, we use videos depicting possible scenarios in which a child struggled with an adult problem involving an abusive situation. In the fourth and fifth grade classes we also incorporate a discussion of internet safety precautions and the damaging effects of cyberbullying and sexting, both of which are ever increasing threats in the lives of students in that age group. At the end of each presentation we give out a wooden token or coin to each student with our Teddy Bear logo on one side and our phone number on the other with the words "NO GO TELL". We explain that the coin is a reminder that you always have a trusted adult to talk to if you ever have a touching problem. For grades 3-5 we give each child a bookmark with internet safety rules in addition to a token.

As a result of our presentations, many children have felt comfortable enough to come forward and disclose abuse, whether verbal, physical and/or sexual. In many of these instances, first and foremost, we ensured the child was safe, determined the need to make a report to Child Protective Services, and corroborated with the CPS case worker and Law Enforcement agent at the Child Advocacy Center (also an integral part of our organization), to arrest the perpetrator, while mitigating any trauma to the child and the family unit.

www.theCPCA.com

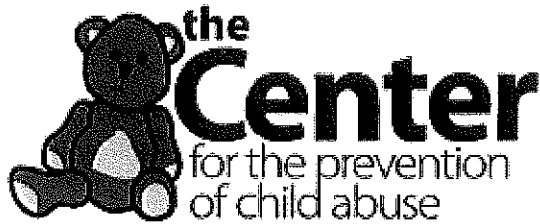
Child Abuse
Prevention Center, Inc.
35 Van Wagner Road
Poughkeepsie, NY 12603



LIVE UNITED



United Way of the
Dutchess-Orange Region



tel (845) 454-0595

fax (845) 454-0129

Our Personal Safety Program staff consists of a Program Director, and two full-time Coordinators/Educators. PSP is currently welcomed into 55 different schools in 13 districts all over Dutchess County and seven school districts in Ulster County. The demographic we serve encompasses all school children from Pre-K to sixth grade in both private schools and public schools. We hope to branch out even further into neighboring geographic areas and offer our service to school children outside of Dutchess County who may not have been offered a Personal Safety presentation in the past.

Thank you for your interest in bringing this very important personal safety message to the students of your school.

For additional information please contact the PSP staff at (845)454-0595

Megan Buch-Lowery, Director of Educational Services (ext. 18)

Angelique Sanchez-Souquet, Program Coordinator Dutchess County (ext. 21)

Sandra DeVito, Program Coordinator Ulster County (ext. 20)

www.theCPCA.com

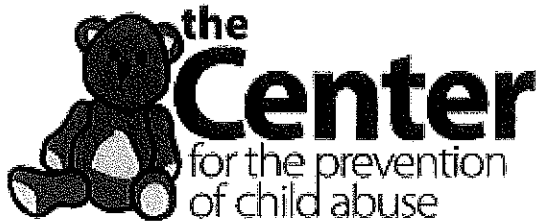
Child Abuse
Prevention Center, Inc.
35 Van Wagner Road
Poughkeepsie, NY 12603



LIVE UNITED



United Way of the
Dutchess-Orange Region



tel (845) 454-0595

fax (845) 454-0129

Personal Safety Program Facts: What Every Teacher/Parent Should Know

Erin's Law – Erin's Law makes child sex abuse prevention education mandatory in schools, starting with kindergarten. On December 10th, 2015 President Obama signed SB1117, giving federal funding for Erin's Law. As of June 2015, Erin's Law is in 26 states and pending in 17 more. It is pending in New York State.

1 in 10 children will be sexually abused before their 18th birthday.

1 in 4 girls will be sexually abused before they turn 18 years old.

1 in 6 boys will be sexually abused before they turn 18 years old.

Only 38% of child victims disclose the fact that they have been sexually abused.

1 in 5 children is solicited sexually while on the internet.

90% of child sex abuse in the "real world" is perpetrated by people **known** to the victim. In the virtual world, 97% of sexual solicitors are **strangers**.

1/3 of teenage girls admit to meeting someone they met online.

81% of teens are on social network sites.

90% of parents do not monitor what their children are doing on the internet.

Say "**NO**" to your child's privacy – NO computer in the bedroom. They will argue.

Fact: Many youth do not tell anyone about sexual solicitations they receive on the Internet. This is mostly due to embarrassment and guilt!

Victim: Remember if this happens to your child, (s)he is the VICTIM. Someone has taken advantage of your child. It is not his or her fault. How you handle this will either open or close the door to future communication.

Less than 10% of sexual solicitations and only 3% of unwanted exposure episodes are reported to law enforcement, Internet service provider, or a hotline. If you recognize this, call law enforcement. Don't act like law enforcement – call immediately and allow police to intervene.

CIBERTIPLINE.COM

www.theCPCA.com

Child Abuse
Prevention Center, Inc.
35 Van Wagner Road
Poughkeepsie, NY 12603



LIVE UNITED



United Way of the
Dutchess-Orange Region

4.3

DUTCHESS BOCES

Richard M. Hooley, Ed.D.
District Superintendent

5 BOCES Road, Poughkeepsie, New York 12601
Phone: 845.486.4800 | Fax: 845.486.4981
E-mail: richard.hooley@dcbores.org

February 8, 2016

TO: Board Presidents
Board Members
Chief School Officers

Board Members
Edward L. McCormick, President
Michael Riehl, Vice President
Ralph Chimento, Jr.
Dale Culver
Thomas Hurley
Rob Rubin

RE: Nominations and Election for BOCES Board – 2 Open Seats

Nancy M. Pisanelli
Board Clerk

This year the terms of office of two members of the Dutchess County Board of Cooperative Educational Services Board will expire on June 30, 2016. Mr. Ralph Chimento (Spackenkill) has indicated that he will be a candidate for nomination and re-election for another three years. Mr. Jim Milano (Poughkeepsie) has vacated his seat and will not be running for re-election.

Nominations:

The Education Law does not limit the number of candidates a Board may nominate provided that:

- the nomination is by official Board resolution;
- the nominee resides in one of eight component districts (Dover, Hyde Park, Pawling, Pine Plains, Poughkeepsie, Red Hook, Rhinebeck, Spackenkill);
- the nominee is not an employee of any component district in Dutchess County;
- March 11th is the nomination deadline.

The BOCES District Clerk must reject a nominee if the person nominated is a resident in a component district that currently has a resident serving on the BOCES Board whose term will not expire at the end of the current school year. (Arlington, Beacon, Millbrook, Wappingers, Webutuck)

Nominations must be received by the BOCES District Clerk on or before March 11, 2016. The BOCES District Clerk will notify component District Clerks of the names of all nominees after March 11th. Nominees attending the BOCES Annual Meeting on April 9, 2016, at 11:30 a.m. at CTI - Room 301 will be introduced at that time.

Election:

The election, by law, must occur in either a regular or special meeting of each component Board of Education convened on April 26, 2016, for the purpose of casting ballots. This April 26th date is the only date allowable for this election. Each component district may cast only one (1) vote for each vacant seat. The candidate receiving a plurality of the votes cast will be elected, provided, however, that no more than one candidate residing in a participating component district may be elected. The results will be issued through a press release immediately thereafter. Please schedule a meeting of your Board on April 26th.

Sincerely,



Edward L. McCormick, President
ELM:nmp

Dutchess County BOCES Annual Meeting

Saturday, April 9, 2016 at 11:30 a.m.

Dutchess BOCES Career & Technical Institute— Room 301

cc: District Clerks (w/enclosure)

Dutchess County Board of Cooperative Educational Services

N:Board/Annual Meeting/2016 Nomination Letter2/8/16

Administrative Offices: 845.486.4800

www.dcboces.org

Participating Districts: Arlington | Beacon | Dover | Hyde Park | Millbrook | Pawling | Pine Plains | Poughkeepsie | Red Hook | Rhinebeck | Spackenkill | Wappingers | Webutuck

An Equal Opportunity/Affirmative Action Employer

DUTCHESS BOCES

TO: CLERK OF THE BOARD
DUTCHESS COUNTY BOCES

2016 NOMINATION FORM

At a meeting of the _____ School District Board of Education, held on _____, 2016, the following individual(s) were nominated to serve on the Board of

Education of the Dutchess County Board of Cooperative Educational Services:

To fill a vacancy created by the expiration of the term of Ralph Chiumento and the vacant seat of Jim Milano.

Name: _____
District of Residence: _____
Legal Address: _____ _____ _____

Name: _____
District of Residence: _____
Legal Address: _____ _____ _____

Date

District Clerk or Board President (signature)

PLEASE RETURN THIS FORM TO THE BOCES CLERK NO LATER THAN MARCH 11, 2016

Note: The Arlington, Beacon, Millbrook, Wappingers and Webutuck districts currently have a resident serving on the BOCES Board. Residents of these districts **may not** be candidates for election this year to serve on the BOCES Board.

An employee of a component school district in the Dutchess BOCES region **may not** be a candidate for election.